



PROGRAM OF SOCIAL INCLUSION THROUGH SPORTS



25 YEARS OF FINDING NEW WAYS TO CONNECT
WITH OTHER REALITIES

Since 1997, Los Pinos Foundation works in Casavalle, One of the most vulnerable areas of Montevideo, we have brought quality education and sports programs to support children and youths from the area, by developing their skills and talents, so they can achieve a better future based solely on their potential.

Sports are an excellent tool for development, because in addition to fostering physical and motor skills, they also encourage the development of social and personal skills. Sports are one of the best ways to acquire values such as responsibility, commitment, respect, teamwork, empathy, resiliency, and tolerance, allowing for a healthier individual and social development.

Therefore, sports are fundamental for those people who live in vulnerable situations. There are no distinctions of social origin or condition in the pitch;

it is an optimal place for bonding between different members of the group, learning to face conflict, and building collaborative relationships to reach common goals.

Encouraging social and educational inclusion through sports adds value to the process of learning-teaching being carried out in the academic area. There are plenty of occasions in which teachers are challenged with situations of discrimination, or even on how to correctly approach the diversity present in the classrooms.

EVERYONE PARTICIPATES

Since 2003, both in at Primary and Secondary school levels, Los Pinos is a part of the Inter-School Sports League (L.I.D), along with institutions such as The British School, St. Andrew's, Monte VI, Stella Maris, St. Patrick's, Woodlands, Jesús María, Seminario, Ivy Thomas, Clifton College, and Harwood.

There, Los Pinos participates in soccer, rugby and track-and-field competitions organized by the members of the league.

Discovering the world

The children who currently attend the last year of Primary school and the Child Center participate in an annual sports exchange trip to Buenos Aires. The tournament is organized by APDES and schools from Mendoza, Buenos Aires, La Plata, Rosario y Paysandú all participate in soccer, rugby and track-and-field.

Swimming

Every student in Los Pinos goes to the Armed Forces premises in Boiso Lanza. They learn flotation, swimming techniques, and conduct internal competitions.

Through healthy competition, children from different cultural and social realities can learn to know each, value, and share with each other.



+20

TOURNAMENTS
OF SOCCER, RUGBY,
AND TRACK-AND-FIELD

**LOS PINOS HOSTS
THE CASAVALLE
CUP, IN WHICH**

+400
CHILDREN AND
YOUNG ADULTS
COMPETE

250

**CHILDREN AND
YOUNG ADULTS
PARTICIPATE
IN DIFFERENT
COMPETITIONS**

- **Supporting initiatives that reward effort and fair play,** especially in young people from vulnerable environments.
- Contributing to **social inclusion,** which is key to the healthy development of the Uruguayan youth.
- **Allowing the children and youths that attend Los Pinos** to be hosts of an event with a noted track record and acknowledgement in the broader school environment.